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Daman Dev Sood  
International Resilience Trainer & Consultant



I consistently achieve an impressive 100% NPS score for my training sessions.

With over 39/ 19 years in the industry/ Resilience domains, I am a Certified International and Corporate Trainer, holding:

- Over 15500 hours of training experience
- 18 copyrights
- Multiple national and global awards

In my professional journey (with some major global corporates like TCS, Xansa, EY/ HSBC), I have played multiple senior roles including Group Head, Practice Head, COO, CIO, VP, Board Member, Program Director etc.

I am a widely travelled (20 countries), spoken (over 500 events), and published (10 books) expert.

I have served over 100 clients across countries and industries.

I am a LinkedIn Top Voice.

# DBD TRAINING & CONSULTANCY

## TRAINING CATALOGUE



**39+ years**

Industry experience – majors like TCS, Xansa/ Steria, IBM/ HSBC

**19+ years**



Resilience domain

**20+ countries**



Worked/ travelled – multi cultural experience



**100+ clients**

Practitioner, trainer, consultant, auditor, assessor, tester

**3000+ students**



1-5 days courses

**15500+ teaching/ training hours**



Offline/ online/ VoD



**30+ BCM implementations/ Interventions**

BS 25999, ISO 22301:2012, ISO 22301:2019

**15+ industries**



Including Banking

**10 books**



Published, available globally

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all courses can be customised for inhouse deliveries



# DBD TRAINING & CONSULTANCY

**Daman Dev Sood**  
International Resilience Trainer & Consultant

**Certified Third Party Risk Management Specialist**

**Certified Resiliency Testing Specialist**

**Certified Organisational Resilience Professional**

**Certified Risk Management Professional**

**Practical BIA (Specialist level)**

**Certified Operational Resilience Professional**

**Daman's Thermometer**

**Team Work & Art of Handling Questions**

**Cyber Resiliency Testing (for top management)**

**Certified Delivering Excellence Specialist**

**Certified Organisational Resilience Specialist**

**Certified Risk Management Specialist**

**Operational Resilience Foundation**

**Design, Develop, and Deliver an Effective BCM Test**

**Possibility Thinking**

**Resiliency Testing (for top management)**

**Circular Economy, Life Cycle Analysis, ESG, and Sustainable Supply Chain**

click events above to get more details| [daman@damandevsood.com](mailto:daman@damandevsood.com) | +91 9958091880| [www.damandevsood.com](http://www.damandevsood.com) |

all courses can be customised for inhouse deliveries

# Certified Resiliency Testing Specialist Course

Type: Instructor-Led Online Course/ Class room Course

Duration : 3 days

Resiliency Testing is a type of performance testing that focuses on an organization's ability to withstand and recover from failures, unexpected events, and other disruptive conditions.

My experience of having been part (design, develop, deliver, oversight, and participate) of over 300 BCM tests (including an international test with the London Police) has been put in designing this course.

The course is highly interactive – exercises driven (as many as 30 exercises in 3 days! Fully Hands-on Learning Experience). Delivery mechanisms include presentation-based discussions, individual/ group exercises, role plays, and worldclass case studies. Live cases are used to explain the concepts. The participants leave with a self-developed Test Plan with full scripts. The course is supported by additional reading material and sample documents. You will learn the art of Designing, Developing, and Delivering an Effective Resiliency Test.



"Having personally attended it myself, can assure it is a unique, practical, and no-nonsense workshop, filled with Daman's practical experience of decades in this field, with the potential to offer up to 24 CPE credits to the delegates."

Anand Sampath, MD & CEO Udbhata Technologies



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# Certified Delivering Excellence Specialist Course

Type: Instructor–Led Online Course/ Class room Course

Duration : 3 days

Delivering Excellence is defined as providing exceptional and high–quality products, services, or experiences to customers, clients, or stakeholders through a business approach that focuses on meeting and exceeding customer expectations by consistently delivering outstanding results.

This course covers the three pillars of Delivering Excellence i.e. Project Management, Program Management, and Service Delivery/ Customer Delight.

The course is highly interactive – exercises driven (as many as 33 exercises based on 20 world–class case studies! Fully Hands–on Learning Experience). Delivery mechanisms include presentation–based discussions, individual/ group exercises, role plays, and assignments. The participants leave with a wealth of knowledge along with practical/ working tools.

Key chapters include Delivering Excellence Concepts, Project Economics, Service Delivery Methodology, Advanced Client Interactions, Managing Customer Feedback and Complaints, Innovation and Creativity, Culture of Excellence, Service Quality Management etc.



" I very much enjoyed your training session! Your creativity and versatility really bring the topic of resilience to students' minds! Also, the collaboration part of internal discussions is

great tool!

Michael Botnik, CEO & Founder & Lecturer & Cyber Expert,  
Integrity Consulting and Risk Management, Israel



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# Certified Organisational Resilience Professional Course

Type: Instructor–Led Online Course/ Class room Course

Duration : 1 day

Organisational Resilience is the ability of an organisation to absorb and adapt in a changing environment to enable it to deliver its objectives and to survive and prosper. More resilient organisations can anticipate and respond to threats and opportunities, arising from sudden or gradual changes in their internal and external context. Enhancing resilience can be a strategic organisational goal and is the outcome of good business practice and effectively managing risk.

This course is developed based on principles, attributes and factors defined in ISO 22316:2017 (Security and resilience – Organisational resilience – Principles and attributes).

This course is highly interactive – exercises driven (as many as 15 exercises in 1 day! Fully Hands–on Learning Experience). Delivery mechanisms include presentation–based discussions, individual/ group discussions etc.



" 1. It was a nice engaging workshop over the weekend. Enjoyed it thoroughly!

2. Good Deep Dive session, I appreciate the presenter's knowledge.

3. Thanks for an enlightening session by Daman.



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# Certified Organisational Resilience Specialist Course

Type: Instructor–Led Online Course/ Class room Course

Duration : 3 days



Given OR is still an evolving domain, Daman has given this courseware an excellent form to help participants gain acquaintance to the subject and its core objectives. His ability to transition from a trainer to practitioner and also an auditor to help participants obtain conceptual clarity as well as practical nuances is commendable. Exercises introduced throughout the course are clear value additions to me.

Daman's command on domain is unparalleled, his ability to get into the shoes of the participant and explain concepts in the most simple ways is which made a relatively new concept look so simple and relatable.

Manish Walia

VP–Resilience Program, Global Banking Corporation



Organisational Resilience is the ability of an organisation to absorb and adapt in a changing environment to enable it to deliver its objectives and to survive and prosper. More resilient organisations can anticipate and respond to threats and opportunities, arising from sudden or gradual changes in their internal and external context. Enhancing resilience can be a strategic organisational goal and is the outcome of good business practice and effectively managing risk.

This course builds upon the professional level and takes to actions.

This course is highly interactive – exercises driven (as many as 50 exercises in 3 days! Fully Hands–on Learning Experience). Delivery mechanisms include presentation–based discussions, individual/ group discussions – based on world–class case studies.

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# Certified Risk Management Professional Course

Type: Instructor-Led Online Course/ Class room Course

Duration : 1 day

Risk Management is an integral part of life. It helps in achieving targets and objectives – personal or organizational. Risk can never be eliminated, but can definitely be controlled/ managed.

This course is developed based on principles, framework, and process defined in ISO 31000:2018 (Risk Management – Guidelines).

This course is highly interactive – exercises driven (as many as 15 exercises in 1 day! Fully Hands-on Learning Experience). Delivery mechanisms include presentation-based discussions, individual/ group discussions etc.



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# Certified Risk Management Specialist Course

Type: Instructor–Led Online Course/ Class room Course

Duration : 3 days



The program was interactive, engaging and exercise intensive.

Very practical. Highly energetic, practical and wonderful coach. Knowledge is from experience and value of the highest kind. Excellent coaching, articulation and narration.

Wonderful examples. Every Continuity Professional must undergo training for this course as an Additional Qualification.

Harsha Sastry, MBCP, Global Biz Continuity & DR, Org Resilience Enthusiast, Industry Expert and Commentator



Risk Management is an integral part of life. It helps in achieving targets and objectives – personal or organisational. Risk can never be eliminated but can definitely be controlled/ managed.

This course is developed based on principles, framework, and process defined in ISO 31000:2018 (Risk management – Guidelines) and is next level to the Professional Course.

This course is highly interactive – exercises driven (as many as 25 exercises in 3 days! Fully Hands–on Learning Experience). Delivery mechanisms include presentation–based discussions, individual/ group discussions videos, case–study based exercises etc.

The course is supported with good amount of additional reading material.

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# Practical BIA (Specialist) Course

Type: Instructor–Led Online Course/ Class room Course

Duration : 2 days

Business Impact Analysis (BIA) is the backbone of BCM!

If your BIA is good, your BC Plan will be good!

Or

Your BC Plan will be as good as your BIA!

A major portion of BCM Implementation effort is supposed to be spent during BIA stage.

This course is developed based on requirements specified in ISO 22301:2019.

This course is highly interactive – exercises driven (as many as 26 exercises in 2 days!

Fully Hands–on Learning Experience). Delivery mechanisms include presentation–based discussions, individual/ group discussions – based on a case study.

You not only understand the theory but conduct a real full–scale BIA yourself!



I participated in the last Organisational Resilience course conducted by Daman Sood. He presents a holistic perspective going beyond the traditional BCM approach. This broadening of approach was never more relevant than today with what Covid has done to the world. It can help businesses look at not only surviving but also thriving in this uncertain world. Using a refined analysis framework and bringing into play the hitherto ignored parts of environment and using a heavy mix of exercises and experiential learning, the course is quite impactful.

Dr. Anil Kumar Chawla, Fellow – IIM Ahmedabad

Data Privacy Expert. HR Veteran. Management Consultant.

Author.



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# Operational Resilience Foundation Course

Type: VoD (Video on Demand)

Duration : 3 hours



·Great learning session

·Amazing, excellent, interesting way of delivery

·Liked going through the standard in real time

·Very interactive

·Exercises provided the opportunity to think through

·Real/ live examples were the strength

·Navigation with standard was the key learning

·Your anecdotes were great

·You managed the batch (mix of beginners and experts) very well

·Could relate to my real business

·Team will now be able to face the challenges from the users



Operational Resilience has been defined as the ability of a bank to deliver critical operations through disruption. (BASEL Committee). This will help to achieve Operational Excellence that every organization desires to achieve. Operational Resilience is also a step towards attaining Organizational Resilience that is the need of the hour or all organizations.

Some industry sectors (e.g. Banking/ BFSI) have given more importance to Operational Resilience (Bank of England, Central Bank of Ireland etc.) in recent times, but the concepts/ approach are similar for all organizations – whatever may be their sector, size, complexity, nature, geographical location.

Operational Resilience Foundation course will help an organization/ individual in multiple ways like:

- Understanding Operational Resilience concepts
  - Raising awareness at all levels
  - Being compliant to regulatory requirements
- Steppingstone for the next level i.e. Operational Resilience Professional Course

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# Certified Operational Resilience Professional Course

Type: Instructor–Led Online Course/ Class room Course

Duration : 1 day

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Operational Resilience Professional course will help an organization/ individual in multiple ways like:

- Understanding Operational Resilience concepts
  - Raising awareness at all levels
- Being compliant to regulatory requirements

Steppinastone for the next level i.e. Operational Resilience Specialist Course

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Very Good Content and very well explained by the trainer

Daman Dev Sood.

It was a nice engaging workshop over the weekend. Enjoyed it

thoroughly!!

Good DeepDive session, I appreciate the presenter's

knowledge.



# Design, Develop, and Deliver an Effective BCM Test Course

Type: Instructor-Led Online Course/ Class room Course

Duration : 2 days



· The Trainer has vast experience in this domain as a Practitioner and an Author.

· The interactive, practical-based teaching style helped me understand the topics very well – precisely simulating the groundwork a learner would need do in reality post-the course.

· Great presentation style with lots of opportunities to ask questions and talk about real scenarios and incidents as an example which all made for a really enjoyable and informative course.

· The trainer holds immense knowledge. Even the hardest concepts went smooth with him.



Testing BC Plan is an important step in the BCM Program. This helps to ensure currency, accuracy, completeness, and effectiveness of the BC plan and arrangements. The output of a BC Test provides inputs to Continual Improvement stage.

This course is highly interactive – exercises driven (as many as 20 exercises in 2 days! Fully Hands-on Learning Experience). Delivery mechanisms include presentation-based discussions, individual/ group exercises. Live cases are used to explain the concepts. The participants leave with a self-developed Test Plan with full scripts. The course is supported by additional reading material and sample documents.

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# Daman's Thermometer

Type: Instructor–Led Online Course/ Class room Course

Duration : 1 day

Communication is very important during BAU (Business as Usual), its importance increases manifold during crises. We are under pressure during crises and many times under overload of communication – a lot of which is rumour (spread intentionally, or otherwise). So, I have developed this concept of 'Daman's Thermometer' to sieve 'facts' from 'rumours'.

This course is highly interactive – full of live polls and real/ live cases. Delivery mechanisms include presentation–based discussions, individual/ group exercises. Live cases are used to explain the concepts.



- Added value – connects me with my test
- Best training workshop I have attended
- Examples were eye opener
- Better insights, very impactful
- Very good examples and explanation
- Wonderful course, live/ real life cases
- Great impactful training



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# Possibility Thinking Course

Type: Instructor-Led Online Course/ Class room Course

Duration : 1 day

It would be good for one to know, when to hold on – And When to let go

And to have the grace to make the right decision with dignity!

This course would inspire/ provoke you to tough action:

To hold on until the light breaks, The tide turns, And the times change for better;

To inspire people with your cheerful attitude while you are going through difficult times;

and to choose the noble and positive outlook!

Also, the course would inspire you to take action to make a bold and daring move – To

make a creative transition Recognising an era has come to an end!

The cup might have fallen and broken – The time is for you to absorb the spills and

develop new skills!

Get Started On The Path Of Success Once Again!

The course is based on 'Tough Times Never Last, But Tough People Do! By Dr. Robert H.

Schuller'

This course is highly interactive – exercises driven (as many as 15 exercises in 1 day!

Fully Hands-on Learning Experience). Delivery mechanisms include presentation-based

discussions, individual/ group discussions.



•The course helped me to find the ways to become a positive person and definitely it will support me in my daily life too.

• It's been a wonderful experience and memory.

•Possibilities and Positive Attitude approach to practice in life

•The course was very well designed on new possibility thinking, interactive with exercises to make it more meaningful, easy to understand the concepts.

•It was a course I would like to retain the content throughout my life. The course was designed well. The exercises were designed according to the course content.

•It taught me Gratitude, Humility and Thankfulness Attitude of Risk Taking

•A new thought process on Leadership qualities and how to manage the crisis situations effectively.



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# Teamwork and Art of Handling Questions Course

Type: Instructor–Led Online Course/ Class room Course

Duration : 1 day

All organisations, all managements have understood the importance of teamwork. This helps to reduce conflicts and enhances productivity and efficiency.

Teamwork will also enhance Organisational Resilience – which is the need of the hour today for all organisations.

This course has been designed, and developed, keeping these needs in mind, by a person touching 14000 hours of teaching/ training experience in nearly 38 years of total experience in which he has led many teams.

The second portion of the course prepares you to handle the questions – and prepares you as a good speaker also.

The overall focus is on interpersonal skills, problem solving, and conflict resolution

This course is highly interactive – exercises driven (as many as 15 exercises in a day!

Fully Hands–on Learning Experience). Delivery mechanisms include presentation–based discussions, individual/ group discussions.



•The course helped me to alter my thinking to see positives and provide my contribution to society, even a smile is enough.  
•Never say no to failure, Keep trying, differently and never give up.

•Possibility thinking provides a new way of positive thinking to empowers us and motivates us to move forward in life.



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# Cyber Resiliency Testing Course (for Top Management)

Type: Instructor-Led Online Course/ Class room Course

Duration : 2 days

Resiliency testing is a type of performance testing that focuses on an organisation's ability to withstand and recover from failures, unexpected events, and other disruptive conditions.

This course starts with a McKinsey article as pre-read, continues to delve on 'House of Resiliency' concept (key elements as Incident Management, Emergency Management, Employee Health & Safety, Crisis Management, IT Disaster Recovery, Risk Management, Business Continuity Management, Crisis Communication, Physical Security Management, Information Security Management, and Cybersecurity Management), and ends with various discussions and exercises about testing resiliency.

The objective is not to teach Resiliency, rather equip the top management with 'points to ponder' and 'cases to consider', taking them through the latest in this line so that they get the appropriate, effective, and efficient Resiliency Testing done in their organisations.

This course is highly case studies based – as many as 5 used in 2 days (4 cases studies are based on real life incidents – most happened recently).

The participants leave with a self-developed Test Plan with full scripts. The course is supported by additional reading material and sample documents.



· The sample documents act as an aid to use the knowledge and apply it practically.

· The training content is rich due to the Trainer's vast experience and thus, goes beyond boundaries of a typical syllabus.

· The contents are good and informative.  
· A first in class resiliency testing syllabus.

· Solid time investment (25–30 hours) and adequate depth covered.

· It was totally worth it.  
· Content was perfect  
· Exercises were good

· 'House of Resiliency' stood apart  
· Rich content – lot of food for thought



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# Cyber Resiliency Testing Course for Top Management

Type: Instructor–Led Online Course/ Class room Course

Duration : 1 day

Cyber Resiliency Testing is a process of assessing an organization's ability to withstand and recover from cyber attacks. It involves testing and validating the organization's cybersecurity measures and procedures to ensure that they are effective in detecting, preventing, containing, and responding to cyber threats.

This course delves on 'House of Resiliency' concept (key elements as Incident Management, Emergency Management, Employee Health & Safety, Crisis Management, IT Disaster Recovery, Risk Management, Business Continuity Management, Crisis Communication, Physical Security Management, Information Security Management, and Cybersecurity Management), and ends with various discussions and exercises about Cyber Resiliency.

The objective is not to teach Cyber Resiliency, rather equip the top management with 'points to ponder' and 'cases to consider', taking them through the latest in this line so that they get the appropriate, effective, and efficient Cyber Resiliency Testing done in their organisations.

Delivered in 2 sessions of 4 hours each (over 2 days), this course is highly case studies based.

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- Never believed that that ISO discussions could be so exciting.
- The case study–based exercises were exciting, and the use of technology (breakout rooms, group management, group exercises) was superb.
- New and meaningful journey.
- It contained all that one could expect in a good session – courseware, design, delivery, examples, exercises, feedback, technology etc.
- This helped us to understand how Organisational Resilience will strengthen our backbone.
- Engaging, changed our view.



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# DBD TRAINING & CONSULTANCY

## TRAINING CATALOGUE

Daman Dev Sood  
International Resilience Trainer & Consultant

- All the courses can be customized to any industry for inhouse deliveries
- Capabilities to Design, Develop, and Deliver all types of courses:
  - Class-room
  - Instructor Led Online
  - VoD (Video on demand)
  - e-learning



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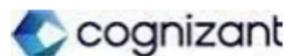
all courses can be customised for inhouse deliveries



Daman Dev Sood  
International Resilience Trainer & Consultant

## Representative Client List

Here are just some of the 100+ companies I've provided services to:



DBD TRAINING & CONSULTANCY (OPC) PRIVATE LIMITED

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